

St. Rose Junior High

2015-16 Course Outline

Health 7-9

The health curriculum for grade 7-9 is divided into three General Outcomes each with several specific learner outcomes.

1. Wellness Choices

Students will make responsible and informed choices to maintain health and to promote safety for self and others.

2. Relationship Choices

Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

3. Life Learning Choices

Students will use resources effectively to manage and explore life roles and career opportunities and challenges.

Within the Health 8 curriculum, we will also explore the following topics to support our General Outcomes:

Mental Health, Body Image, Sleep Disorders, Stress and Cardiovascular Disease

Evaluation:

Evaluation will be cumulative. Grades will be based on a variety of evaluations including: workbooks, quizzes, worksheets, projects (group and individual), presentations, reflections, etc.

ITEM	PERCENTAGE
Quizzes/Labs/Projects	25%
Workbooks	65%
Leadership	15%
Total	100%

Progress Reports:

Students and parents will have access to the students' progress all year through Power School and are expected to check updated marks on a regular basis.

Materials

- 1 - 3" Ring Binder
- Paper
- Dividers
- Health Work Booklet (digitally provided)

Expectations

- Come to class on time
- Come prepared with all required materials
- Respect fellow students and teachers
- Complete assignments on time. Any assignments not handed in on the designated due date will receive a NHI (Not Handed In) grade. This mark will remain until the assignment is completed and handed in up to a maximum of three days past due.

Report Card Key Learner Statements

90-100%	In depth understanding
80-89%	Comprehensive understanding
70-79%	Proficient understanding
65-69%	Satisfactory understanding
50-64%	Emerging level of understanding
0-49%	Limited understanding